

2011 IG & NC OPTIONAL TRAINING CAMP

COACHES INFORMATION

Dear NC Optional Coaches-

We are excited to be hosting our sixth annual optional training camp. This camp is designed to give our optional athletes an opportunity for great training, learning and bonding to make our state as strong as we can possibly be in Region 8 and throughout the country. I have a great staff lined up, including high level club coaches, collegiate coaches and high ranking NC judges. Please copy and distribute the Gymnast Camp Information and Gymnast Registration Forms to your current optional team members. Your team members may choose to register individually or you can choose to register your team all together. The gymnasts MAY attend camp without you. If you have any questions about camp, please do not hesitate to contact me.

Thanks-

Suzie Sanocki

International Gymnastics

yougogirl@carolina.rr.com

Cell: 704-651-7525

DATES/TIMES:

*Friday, Nov. 11th

12:00pm – 5:00pm (Many schools are out – Veteran’s Day)

5:00pm – 9:00pm

*Saturday, Nov. 12th

9:00am – 6:00pm

LOCATION:

International Gymnastics

11011 Monroe Road

Matthews, NC 28105

CAMP FEES:

Camp is divided into 3 sessions this year. You may register to be on the floor at camp actively learning and to be provided meals for any one of the following options:

*Fri. 12pm-9pm and Sat. 9am-6pm = \$25.00

*Fri. 5pm-9am and Sat. 9am-6pm = \$20.00

*Sat. 9am-6pm = \$15.00

*If you register 5 or more gymnasts from your gym, you may participate in camp at no charge.

VOLUNTEERS:

If you are interested in volunteering your time to this camp as a coach, please contact me asap via e-mail at yougogirl@carolina.rr.com. I have lots of staff lined up but would LOVE any help we can get to provide an amazing training opportunity for these kids!

REGISTRATION:

To register for camp as a coach, you can simply e-mail me your basic information: Name, Club, USAG # and let me know what sessions you will be attending. You can bring a check made out to WCGA when you arrive at camp.

LODGING:

Sleep Inn Matthews

704-841-1660

You are responsible for your own lodging and transportation to and from the gym.

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*Fri. 12pm-9pm and Sat. 9am-6pm = \$110.00

*Fri. 5pm-9am and Sat. 9am-6pm = \$95.00

*Sat. 9am-6pm = \$80.00

REGISTRATION:

Fill out the attached registration form and return it with a check made payable to WCGA to:

Attn: Suzie Sanocki

International Gymnastics

11011 Monroe Road

Matthews, NC 28105

by no later than Friday, October 21st. Registrations will be taken on a first come first serve basis. Keep in mind that we had a waiting list last year!

COVERS: Training, Meals & Fun! We have a great staff lined up including current and former college coaches and gymnasts, NC coaches, coaches from other states and NC judges.

OPEN TO: CURRENT Level 7's - 10's

CAMP CONTACT: Suzie Sanocki
E-Mail: yougogirl@carolina.rr.com - Best way to reach me!
Cell: 704-651-7525

LODGING: Sleep Inn Matthews
704-841-1660
You are responsible for your own lodging and transportation to and from the gym.

COACHES: Gymnasts may attend with or without their coaches. It is not required for your team coach to attend camp for you to attend camp. However, we are encouraging coaches to attend.

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GYMNAST REGISTRATION FORM

Gymnast's Name: _____

Gymnast's Date of Birth: _____

Parents Names: _____

Home Address: _____

Home Phone: _____

Parents' Cell: _____

Gymnast's Cell: _____

E-Mail Address: _____

Gymnast's Club: _____

Club Coach: _____

Current Level: _____ 2011 Season Level: _____

Health Insurance Carrier: _____

Subscriber Name: _____

Policy #: _____

I am registering for:

Friday 12pm – 9pm and Saturday 9am – 6pm = \$110.00

Friday 5pm – 9pm and Saturday 9am – 6pm = \$95.00

Saturday 9am – 6pm = \$80.00

I have included a check for _____ made payable to WCGA.

*You will receive an e-mail confirmation once your registration form has been received and processed.